

Zips

Zero to age 21: Information
Promoting Success for Nurses
working with Kansas Kids

JUNE 2005

American Lung Association's 'Excellence in School Nurse Service in Chronic Disease Management' Award Winner!

Denise Pettengill, RN, a school nurse in Lawrence Public Schools, received the American Lung Association of Kansas "Excellence in School Nursing in Chronic Disease Management"



Award on Wednesday, May 11 in celebration of National School Nurse Day. Denise was surprised when, during an all-school assembly, she received this award for her outstanding chronic disease management for children in the two elementary schools for which she provides health services. A big congratulations to Denise for her excellence in school nursing!

16th Annual Kansas School Nurse Conference

The 16th Annual Kansas School Nurse Conference will be July 26-28 at the Hyatt Regency Hotel in Wichita. "Healthy Children 2005 and Beyond" will provide an opportunity to increase knowledge and skills specific to the nurse's role in accessing and utilizing Healthy People 2010 goals. Those goals are to increase quality of years of healthy life and to eliminate health disparities. This year's conference will feature sessions on: diabetes, mental health, athletic injuries, asthma, respiratory/cardiac assessment, vision and common vision problems, common medications in the school setting, interviewing adolescents, injury prevention, childhood obesity, and more. To view the conference brochure online visit: <http://webs.wichita.edu/continuing/KSN/ksn2005.htm> You may also register at this Web site.



HEADS UP!

SAVE THE DATE for the annual **Perinatal Association of Kansas and KDHE fall conference**. The conference will be held Friday, September 16 and at the Lawrence Memorial Hospital. The title is "Hot Topics in Perinatal and Neonatal Care." More information coming soon!

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New Recommendations Address Increased Risk of Meningococcal Disease Among Teens and College Students

In February, the Centers for Disease Control and Prevention's (CDC) Advisory Committee on Immunization Practices (ACIP) issued new recommendations that children at the pre-adolescent visit (11 to 12-year olds), adolescents at high school entry, and college freshmen living in dormitories should be immunized against meningococcal disease. In addition, ACIP

ACIP Advisory Committee on Immunization Practices

recommends that all other adolescents who wish to decrease their risk of meningococcal disease receive the vaccine.

This is the first time the ACIP has recommended routine meningococcal immunization for 11- to 18-year olds. This age group accounts for nearly 30 percent of all cases of meningitis in the U.S. During the 1990s, one study reported a substantial increase in incidence among 15- to 24-year olds, as well as a fatality rate of more than 22 percent in this age group, up to five times that seen in younger persons. Specific behaviors such as smoking, kissing, and crowded living conditions put both adolescents and college students at greater risk for meningococcal disease. The good news is that up to 83 percent of meningococcal cases reported are caused by the potentially vaccine-preventable serogroups included in the first quadrivalent conjugate vaccine licensed in the U.S. for the prevention of meningococcal disease in adolescents and adults age 11-55 years.

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Join the National Campaign for Safe Motherhood

Did you know the U.S. ranks worse than 29 other developed countries in rates of maternal death? Over 30 percent of pregnant women in the U.S. experience some type of illness or injury during childbirth beyond what would be expected in a normal delivery. Help to raise awareness about the importance of maternal health by joining the White Ribbon Alliance in the National Safe Motherhood Campaign. The alliance provides help with planning events and taking action. Learn more at: <http://www.whiteribbonalliance.com/USActivities.cfm>.



Surgeon General Gives Tips to Mothers and Mothers-to-Be

U.S. Surgeon General Richard H. Carmona, M.D., M.P.H., gave a Mother's Day gift to mothers and mothers-to-be (and dads, too) - a dozen tips for keeping their babies healthy and safe:

- 1. Eat Healthy.** It's good for you and your baby.
- 2. Don't drink alcohol** when you are pregnant or might become pregnant. There is no known safe level of alcohol consumption for pregnant women.
- 3. Get prenatal care early.**
- 4. Don't smoke** and don't allow anyone else to smoke around your baby.
- 5. Breastfeed your baby.** Breastfeeding for at least the first six months of life has significant health benefits.
- 6. Place your baby "back to sleep."** A



baby should sleep on a firm mattress, on his or her back, with no fluffy pillows or stuffed animals.

- 7. Always use a car safety seat.** Be sure your baby rides in an age and weight appropriate child safety seat, correctly installed, on every trip.
- 8. Never leave your baby unattended.** To prevent unintentional injuries - the sixth-leading cause of infant death - never leave a baby unattended.
- 9. Safety-proof your house.**
- 10. Never, ever shake your baby.** Shaking a baby, even a little, may lead to severe brain damage and death.
- 11. Fully immunize your baby.** Be sure your baby gets all immunizations on time.
- 12. Learn infant first aid and CPR.** Be prepared. Know how to call for help and

learn infant first aid and CPR.

For all the details and web links to more information, go to: <http://www.surgeongeneral.gov/pressreleases/sq05052005.html>

Free SIDS Brochures

The American Academy of Pediatrics' Healthy Child Care America Back to Sleep Campaign has published three brochures about reducing the risk of sudden infant death syndrome (SIDS):

- 1) A Child Care Provider's Guide to Safe Sleep
- 2) A Parent's Guide to Safe Sleep
- 3) Tummy Time. Also available are speakers' guides entitled, "Reducing the Risk of SIDS in Child Care" (printed in English and Spanish). For more information and to view these materials go to: <http://www.healthychildcare.org>



Cancer Screening is Important

In the field of perinatal health it is important to consider how to empower women to prevent cancer, especially cancers affecting the reproductive system and breasts. The best way to control breast cancer is to detect it early. A mammogram can find a cancer several years before a woman and her doctor could find it using other screening methods. Peer counseling programs have been shown to work well in encouraging more women to have a mammogram. This is especially true for women over age 40 who oftentimes have not had a single mammogram. Find links to prevention and early detection at: http://www.cancer.org/docroot/PED/ped_0.asp



Acupuncture and the Treatment of Depression in Pregnant Women

One small study has raised the possibility that acupuncture can be used as a treatment for depression. Since there are few medically accepted treatments for depression available during pregnancy, the authors of this study decided to see what affect the use of acupuncture would have on pregnant women with a major depressive disorder. The Hamilton Rating Scale for Depression was used to measure patients' reports of depressive symptoms in this study. Results from this study seemed to indicate that most of the women in the study responded well to



acupuncture as a treatment for their depression as evidenced by significantly lower behavioral depression scores. In addition, all women in the study who responded to the acupuncture treatment had significantly lower depression scores at 10 weeks postpartum than those not responding to the acupuncture treatment. For more details concerning this study go to: <http://www.ncbi.nlm.nih.gov>

One Measure of Women's Health

A recent study using data that was collected on maternal deaths from death certificates, linkage of death certificates to birth and fetal death records, and a review of medical examiner records has shown that 38 percent of maternal deaths were underreported on death certificates. Fifty percent or more of these maternal deaths were unreported—particularly for women who were undelivered at the time of death. Also, women who experienced a fetal demise or therapeutic abortion, died more than a week after delivery, or died as a result of a cardiovascular disorder were unreported as maternal deaths. The study investigator concluded that the Healthy People 2010 goal of no more than 3.3 maternal deaths per 100,000 live births is very unlikely to achieve. In addition, increasing numbers of older women and multiple-gestation pregnancies will serve to complicate efforts in reducing maternal mortality. The article, "Underreporting of Maternal Deaths on Death Certificates and the Magnitude of the Problem of Maternal Mortality," can be read in its entirety in the American Journal of Public Health, March 2005.



Perinatal Association of Kansas Annual Conference—September 16



New Research Shows that Talking about Safety is not Enough: Parents Must Role-Model Safe Behavior for their Children

To raise safe children, parents themselves must proactively role model safe behavior – something they're not consistently



doing, according to new research released by the National SAFE KIDS Campaign and Johnson & Johnson. The research found that while 98 percent of parents agree they are important role models for

safe behavior for their children, the percentage of parents who report actually practicing safe behaviors is often lower. Children with parents whose actions reinforce their words appear more likely to practice safe behaviors. The SAFE KIDS/Johnson & Johnson research revealed parents cannot expect their children to adopt safe behaviors if they do not follow their own rules. For example, while 78 percent of parents say it is extremely or very important their child always wear a bike helmet, only 25 percent of parents always wear one themselves. This may be why only 40 percent of children say they wear a helmet. For more information or for a copy of the SAFE KIDS/Johnson & Johnson *Follow the Leader: A National Study of Safety Role Modeling Among Parents and Children*, contact the National SAFE KIDS Campaign at (202) 662-0600 or visit: <http://www.safekids.org>.

Congress Asked to Legislate on Child Obesity

In the most comprehensive childhood obesity legislation proposed so far, Senator Edward Kennedy (D-MA) introduced a bill April 15 that would "make the current epidemic a national public health priority" by: appointing a federal commission on food policies to promote good nutrition; making grants to states to implement anti-obesity plans, including curricula and training for educators and obesity prevention activities in preschool, school, and after-school programs; and convening a summit conference of representatives from education, industry, and health care to set physical activity guidelines. For more information visit: http://www.healthinschools.org/2005/apr18_alert.asp



Mental Health of Children and Youth: The Important Role of Public Health Professionals

A UCLA School Mental Health Project/ Center for Mental Health in Schools Brief highlights why mental health of children and youth is a major public health concern; the importance of viewing causal factors from a broad perspective; outlines intervention strategies; promotes mental health prevention; reviews screening for mental health problems; and emphasizes the value of connecting with schools on mental health. For more see: <http://www.smhp.psych.ucla.edu/pdfdocs/primarycare/primarycarehealth.pdf>

Prepare Tomorrow's Parents

The vision of *Prepare Tomorrow's Parents* is a society in which parenting is a valued occupation undertaken only by prepared adults, thus assuring that every child is well-nurtured, emotionally healthy, and capable of reaching his or her full potential. The organization's mission is to promote and facilitate the learning of parenting,



[Prepare Tomorrow's Parents.org](http://www.preparetomorrowparents.org)

nurturing, and relationship skills as an essential curriculum element in grades K-12 and through community organizations and other settings. Preparing young people to become caring, competent parents may be the single most effective way to prevent child abuse and other violence, increase mental health, ensure school preparedness, and achieve academic success for future generations. Contact *Prepare Tomorrow's Parents* at 1-888-PARENTS, or online at: <http://www.preparetomorrowparents.org/>

Kitchen Scalds and Thermal Burns in Children 5 and Younger

Sandy Perkins, KDHE Maternal and Child Nutrition Consultant

Despite various intervention efforts, young children continue to get burned or scalded in kitchens. A study published in the January issue of *Pediatrics* looked at patterns of kitchen burns and scalds to young children to understand better why such injuries occur and to design better intervention



efforts. In young children, scalds were approximately twice as common as thermal burns and resulted in significantly more hospitalizations than did thermal burns. One-year-olds were at highest risk for scalds and thermal burns. In nearly all injury patterns, more boys than girls were injured.

The chief cause for scalds was hot water. The two most common scald injury patterns were: (1) the child reached up and pulled a pot of hot water off the stove or other elevated surface, and (2) the child grabbed, overturned, or spilled a container of hot water onto him or herself,



such as a coffee cup while sitting on a caregiver's lap. The author concluded that although the kitchen is recognized as hazardous for young children, parents seem to underestimate the ability of young children to reach containers of hot liquids on elevated surfaces and fail to recognize the potential severity of resulting injury. The author speculated that these failures might explain why behavioral interventions (such as placing pots on back burners of a stove) have been ineffective and proposed a multifaceted spectrum of



prevention that has individual, community, and organizational components. The

following are actions that can be undertaken to address burn injuries:

1. Advise parents about the potential for kitchen scalds when children reach 9 months old and continue at each visit until age 2.
2. Institute a community-wide scald awareness day to increase awareness. Bike days, car seat checks, poison prevention week, and safety fairs are examples of community events that have been undertaken.
3. Require childcare providers to have some injury prevention training that addresses all sources of scald/burn injury.
4. Develop a community coalition to build a partnership approach (Cool Kids Coalition is an example of a scald prevention program that was instituted in Brookhaven, NY).
5. Encourage the local media to offer a regularly scheduled announcement of local injury incidents, using the actual injury event as an opportunity to teach prevention.

Zips: Adolescent Health

*There is always one moment in childhood
when the door opens and lets the future in.*
— Graham Greene

Adolescent and School Health and CSHCN Fact Sheets

In a new series describing the Association of Maternal and Child Health Programs (AMCHP) priority issues, the Adolescent and School Health Fact



Sheet (<http://www.amchp.org/aboutamchp/publications/web/adolescent-and-school-health.php>)

describes the importance of adolescent health and how AMCHP works with professionals to build their capacity to address adolescent health. The Children with Special Health Care Needs Fact Sheet (<http://www.amchp.org/aboutamchp/publications/web/CSHCN.php>) gives an overview of AMCHP's efforts to support family health programs and advocate for children with special needs.

National Campaign Releases New 'What If' Fact Sheets

Declining teen birth rates have significantly improved overall child well-being in all 50 states and the District of Columbia, according to a new state-by-state analysis released by the National Campaign to Prevent Teen Pregnancy on April 13. Specifically, the analysis shows that child poverty would have been worse in 2002 if state teen birth rates had not declined between 1991 and 2002---compelling evidence that preventing teen pregnancy is a direct and effective way for states to reduce poverty and improve overall child well-being. Get the full report, including Kansas facts, at: <http://www.teenpregnancy.org/whycare/whatif.asp>



Best Friends Get Results

The following is an abstract from the *Adolescent & Family Health* report on Best Friends, an abstinence education program: "This study sought to show that abstinence programs could work to inhibit the early onset of sex by analyzing the data from the Best Friends abstinence program of Washington, DC. The Best Friends (BF) program is one of the oldest such programs in the United States, but has not been studied using quantitative techniques. The program stresses the development of self-control and the avoidance of drinking and drug use as well as sex among middle school girls. The data analyzed in this study consists of

responses to questionnaires filled out by program attendees at the beginning and end of the year, which are compared to the responses of a sample of girls to the Youth Risk Behavior Survey (YRBS) of Washington, DC. Despite the fact that BF schools have reading scores similar to and math scores lower than the District of Columbia as a whole, and despite the fact they are located in wards that have higher rates of out-of-wedlock birth, girls who have attended the Best Friends (BF) program are substantially less likely to smoke, drink, take illegal drugs, and have sex than a comparable sample of YRBS respondents. These findings were analyzed using multiple logistic regression techniques controlling for grade, age, race, and year of survey. An analysis of those who started the BF program but failed to complete a post test survey shows that dropouts do not differ from those remaining in the program with respect to their risk behaviors." Find the full text in *Adolescent & Family Health*, 2004, Vol. 3, No. 4; p. 185-192.

Best Friends

Measuring the Positives: Review of Positive Indicators and Guidelines

The National Adolescent Health Information Center (NAHIC) conducted a comprehensive review and analysis of approaches to and measures of positive youth development.

In the papers, based on work supported by the W.T. Grant Foundation, NAHIC staff compared the theoretical frameworks of the primary schools of thought in this arena, and examined the domains and constructs of the variables utilized by each. The papers also identify potential pitfalls of inappropriate use of these measures, and offer recommendations for using positive indicators. Download the papers at:

http://nahic.ucsf.edu/index.php/data/article/measuring_the_positives_review_of_positive_indicators_and_guidelines/

Report Highlights Successful Efforts To Improve The School Nutrition Environment

"Students will buy and consume healthful foods and beverages – and schools can make money selling healthful options,"

state the authors of the report, *Making It Happen! School Nutrition Success Stories*. Research shows that students in school today have more opportunities than they did in the past to purchase snack foods and beverages high in fat and/or added sugar that are not part of federally regulated school meal programs. The report tells the stories of 32 urban, suburban, rural, elementary, middle, and high schools that have successfully implemented innovative approaches to selling more nutritious foods and beverages to students and staff. The stories are supported by examples of actual policies, regulations, letters to parents, nutrition standards, nutrition resources, and contact information from the schools and districts. For details, see: <http://www.fns.usda.gov/tn/Resources/makingithappen.html>



Keeping Middle School Parents Involved

Despite rumors to the contrary, says the Parent Academic Resources (PAR) organization, "parents can play a central role in helping their adolescent children grow into independent learners." In this useful article (which would make a good parent handout), PAR, Incorporated notes that during middle school "many parents begin to struggle maintaining the teaching role that they have identified with during the preschool and elementary years. As students begin to learn more specialized subject matter, many parents lose confidence that they can be helpful. It also doesn't help that our children turn into adolescents who seek to increase their independence from us in all aspects of their lives." The article introduces a model that helps parents understand how adolescents learn "and how parents fit into this learning process." Great information for parents of middle schoolers at: <http://academicresources.org/learning.html>

PARI

Kansas Action for Children Relocates

Kansas Action for Children moved to a new location on May 2. Their new address is 720 SW Jackson, Suite 201, Topeka, KS 66603. The following contact information remains the same: Phone – 785-232-0550 Fax – 785-232-0699

Strategic National Stockpile, Mass Dispensing Operations and the Role of Our Community

by Alice Weingartner, Coordinator
Northeast Corner Regionalization Initiative

Local health departments across Kansas are tasked with developing plans to dispense prophylaxis medications in our communities. We have spent a great deal of time pondering and discussing issues and ideas. One of the most important aspects to developing a strong community response plan is working with our local partners.

The Northeast Corner Regionalization Initiative (NCRI) has developed a program to enable local health departments within the region to orient and educate their community partners on what their roles would be during mass dispensing operations. The NCRI region consists of Atchison, Brown, Doniphan, Jackson, Jefferson, Marshall, Nemaha, and Shawnee counties. Each county has presented the program called *Strategic National Stockpile, Mass Dispensing Operations and the Role of Our Community* in their local communities as



part of our local and regional work plans. This program has provided the health departments

with the opportunity to inform community partners on the public health's ability to respond during a public health emergency and why the support of community partners is so important.

The program contained an overview of the SNS, an explanation of the roles partners would be assuming during mass dispensing operations and a simulation of a mass-dispensing site. The simulation provided everyone the opportunity to get a look at clinic flow, staff responsibilities, supply needs, and much more. We have spent a lot of time talking about mass dispensing, but being able to walk through the simulation really made the whole concept seem more real.

Participants in each county included a variety of partners - law enforcement, school administrators and nurses, government officials, EMS, fire, medical personnel, and volunteer groups, to name a few. Those in attendance found the program very beneficial and were

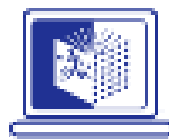
impressed with the amount of planning that has taken place at the local level. Many also saw this as a wonderful opportunity to build and enhance relationships and improve communication.

Many local health departments are working closely with school districts to establish mass dispensing plans. Whether to serve as a point of distribution or provide personnel to help staff a dispensing site, the relationship between public health and school districts is invaluable.

To learn more about how you can be involved in public health emergency response in your community contact your local health department. There will be a great need of volunteers to assist with mass dispensing operations, so let your local health department know that you are interested in being part of this service.

New Knowledge Path Released to Help Service Providers and Families Locate Community-Based Services

Knowledge Path: Locating Community-Based Services to Support Children and Families is an electronic guide for service providers and families to help them find resources within their communities to address child and family needs. The knowledge path was produced by the MCH Library, in collaboration with the



National Technical Assistance Center for Children's Mental Health at Georgetown University. It contains information on (and links to) Web sites

and electronic publications; toll-free telephone lines; and databases. Topics include education and special needs, mental health and well-being, family support, parent education, child care and early education, health and wellness, and financial support. The knowledge path is available at http://www.mchlibrary.info/KnowledgePaths/kp_community.html

Healthcare Resources Distributed Unevenly in Kansas

At least one-third of Kansas resembles an inner city when it comes to local availability of doctors, hospitals, medical personnel, and nursing homes. Basically, there's not a lot of medical help to be had in either south Chicago, for example, or



Sharon Springs, Kansas. Recent research by a Kansas State University geography graduate student determined there is extremely uneven distribution across the state of the essential health care resources, specifically, medical practitioners and health care facilities. Residents of western or southeastern Kansas are on their own if they get sick in the middle of the night. And, the situation doesn't get better when the sun comes up. A rural resident is likely to drive three hours or more to reach the nearest medical facility. See:

<http://www.news-medical.net/?id=9853>

Public Health Care Spending Increases

Within the next decade, public spending will account for nearly half of the nation's health care costs, according to actuaries from the Centers for Medicare and



The Policy Journal of the Health Sphere

Medicaid. That will be a record high for

government health spending, with much of the growth resulting from a new Medicare prescription drug benefit that's scheduled to go into effect in 2006. The actuaries also estimate that all health care spending, both public and private, will constitute 18.7 percent of the nation's gross national product by the year 2014. A report, "U.S. Health Spending Projections for 2004-2014," published in the journal *Health Affairs*, is available online at: http://www.healthaffairs.org/Most_Read_1.php

KCMU Report Examines Health Coverage and Access Issues for Migrant and Seasonal Farmworkers

A new Kaiser Commission on Medicaid and the Uninsured (KCMU) report provides an overview of the nation's nearly three million migrant and seasonal farmworkers, as well as a discussion of the health challenges they face and options for improving their health coverage and access to care. Migrant and seasonal farmworkers and their families confront health challenges stemming from the nature of their work, their extreme poverty and mobility, and living and working arrangements that impede access to health coverage and care. The report is available at:

<http://www.kff.org/uninsured/7314.cfm>



Bibliography on Bullying

The MCH Library focuses on publications from federal and state agencies, from grantees of federal and state agencies, and from professional and voluntary organizations. It contains unique materials on the history of maternal and child health in the United States, policy papers, reports, conference proceedings, manuals, survey instruments, guidelines, and curricula. The library does not collect materials on clinical medicine. Consumer health materials and commercially published materials are collected very selectively. The library is one-stop shopping for bibliographies on health issues – the one referenced here includes 35 bullying-specific resources from 1995 or later. Go to: http://www.mchlibrary.info/action.lasso?-database=Biblio&-layout=Web&-response=/databases/BibLists/bib_bullying.html&-MaxRecords=all&-DoScript=auto_search_bullying&-search

Stop Bullying Now

The "Stop Bullying Now" (SBN!) Web site, <http://www.stopbullyingnow.hrsa.gov>, includes new games, fact sheets, a Power Point presentation and a parent's corner.

U.S. Education Department Encourages Schools to Test for Drugs

In a recent announcement, the Safe and Drug-Free Schools program at the U.S. Department of Education said that beginning this fiscal year, it will give priority to grant proposals that include testing of students for drug use. Visit: http://www.healthinschools.org/2005/apr21_alert.asp



Can School Nurses Write for Grant Funding???

'Show Me the Money: Tips & Resources for Successful Grant Writing'

Many educators have found that outside funding, in the form of grants, allows them to provide their students with educational experiences and materials their own districts can't afford. Learn how they get those grants and how you can get one too. The website below includes practical

tips to help first-time grant writers get the grants they need. For more info, go to: http://www.educationworld.com/a_curr/profdev/profdev039.shtml

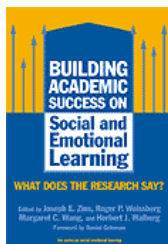
Nursing: The Heart of Healthcare 2005 Nominations Sought

Nominations for the "2005 Nursing: The Heart of Healthcare" program will be accepted through July. You may nominate registered nurses from Kansas or metropolitan Kansas City, working in any setting, including schools, companies, health departments, or hospitals. Every nominee will receive a certificate of recognition. Ten nurses will be selected as award winners and honored at an awards banquet in Kansas City. For a nomination form, call the "Nursing: The Heart of Healthcare" hotline (913)588-1616 or 800-308-0890 or by email at kziblut@kumc.edu.



Building Academic Success

A new publication from the Collaborative on Academic, Social, and Emotional Learning, *Building Academic Success on Social and Emotional Learning: What Does the Research Say?*, examines the relationships between social emotional education and school success. It specifically focuses on interventions that enhance student learning. The book provides both scientific evidence and practical examples in describing the benefits of social



emotional learning programs. Such programs include: skill-building linked to cognitive development; improved relationships between students and teachers; school-family partnerships that help students achieve; and increased student confidence and success. Order a copy from Teachers College Press at: <http://store.tcpress.com/0807744395.shtml>

School Leaders Need Data to Make Informed Choices

You'll want to read WestEd's new Knowledge Brief on "Locally Tailored Accountability." This short (12-page) brief makes the case for local accountability systems, describes an effective system, and provides a



link to additional references. It also observes that cutting back on health programs and other enrichment programs in favor of more academic skill-building is "likely to be short-sighted and counterproductive." To download the brief, visit: <http://www.wested.org/cs/we/view/rs/750>

National Security and U.S. Child Health Policy

"National Security and U.S. Child Health Policy: The Origins and Continuing Role of Medicaid and EPSDT" examines Medicaid's role in financing health care for members of the U.S. military and their families. The policy brief was published by the Department of Health Policy at George Washington University, with support from The Robert Wood Johnson Foundation's program to study Changes in Health Care Financing and Organization.



The brief begins with an overview of Medicaid and child health, examining Medicaid's early eligibility structure as well as the advent of Medicaid's special benefit for children, which is known as early and periodic screening, diagnosis and treatment (EPSDT). The brief then describes findings from a seminal 1964 study that influenced Medicaid's child health policy, One Third of a Nation: A Report of Young Men Found Unqualified for Military Service. The brief concludes with a discussion of the continued relevance of this history to Medicaid reforms. It is available at: http://www.gwumc.edu/sphhs/healthpolicy/chsrp/downloads/mil_prep042605.pdf

Prevalence of Asthma

An estimated 9 million (12.5 percent) children under age 18 in the United States have had asthma diagnosed at some time in their lives. As age increases, the proportion of children who have ever had asthma diagnosed increases. See: <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5416a5.htm>



Helping Parents Quit Smoking

See: <http://pediatrics.aappublications.org/cgi/content/abstract/115/4/1013>



ZipS: Events and Resources

The process of living is the process of reacting to stress.

— Dr. Stanley J. Sarnoff

Events

Healing Touch A Workshop Sponsored by Stormont-Vail HealthCare

Healing Touch is a holistic energy therapy that emphasizes compassionate, heart-centered care in which the



Healing Touch provider and client are equal partners in facilitating health and healing. Healing Touch complements conventional health care and is used in conjunction with other approaches to health and healing. This workshop will be held from 1 to 5 p.m., Wednesday, June 29 in Centennial B/C at the Pozez Education Center. Please pre-register for this course at least one week in advance. For further information, call (785) 354-5760. This course is approved for 4.5 contact hours for R.N., L.P.N., and L.M.H.T.

Fireworks Safety Month

June 1 to July 4 is Fireworks Safety Month, designated by: Prevent Blindness America 500 East Remington Road Schaumburg, IL 60173-5611 info@preventblindness.org <http://preventblindness.org/safety/fireworksafety.html>



National Safety Month

June is National Safety Month.

"Safety where we live, work and play," organized by: National Safety Council

1121 Spring Lake Drive Itasca, IL 60143 Phone: 1-800-621-7619 customerservice@nsc.org <http://www.nsc.org/nsm/index.cfm>

Eye Safety Awareness Week

June 27 to July 5 is Eye Safety Awareness Week.

United States Eye Injury Registry, designated by American Society of Ocular Trauma 1201 11th Avenue South, Suite 300 Birmingham, AL 35205 loretta@useironline.org <http://www.useironline.org>



National Cancer Survivors Day

June 5 marks National Cancer Survivors Day. This is a day set aside to celebrate and acknowledge the contributions of families, friends, researchers, and healthcare providers who give their all for cancer survivors in their fight for life. National Cancer Survivors Day is held annually in communities across the United States and Canada as a worldwide celebration of life. Participants unite in this symbolic event to show the world that a fulfilling life after a cancer diagnosis is possible. For more information regarding National Cancer Survivors Day and more on other cancer diagnoses go to: <http://www.cancer.org> or <http://www.ncsdf.org>



Resources

A Great List of Grant

Funding Opportunities

The Center for Health and Health Care in Schools (CHHCS) is a nonpartisan policy and program resource center at the George Washington University School of Public Health and Health Services. One CHHCS service is a listing of grants from a variety of sources for a variety of reasons. Check it out at: <http://www.healthinschools.org/grants/alerts.asp> Also, see some examples from this list below.



Jordan Fundamentals Program Offers Support for Teachers in Low-Income Schools

The Jordan Fundamentals Grant Program was established in 1999 to recognize outstanding teaching and instructional creativity in public secondary schools that serve economically disadvantaged students. Application deadline is June 15. For more information visit: <http://www.healthinschools.org/grants/ops271.asp>

SBC Foundation Launches 2005 SBC Excelsator Technology Grant Program

The SBC Foundation has launched its 2005 SBC Excelsator technology grant program. The SBC



Excelsator grants will help nonprofit organizations improve their operations and build stronger communities through: (1) Internet access (2) online outreach (3) data networking (4) and staff development. SBC Excelsator grants typically range from \$2,500 to \$25,000 and are for one year. Application deadline is June 15. For more information visit: <http://www.healthinschools.org/grants/ops296.asp>

CVS Pharmacy Charitable Trust -- Programs Serving Children with Disabilities

The mission of CVS/Pharmacy Charitable Trust is to positively impact culturally diverse populations in the communities where CVS/pharmacy stores are located. The trust is interested in serving children with physical disabilities through individual programs and through the public school system. The Trust is seeking applications from public schools (grades pre-K through 12), which are expanding programs promoting the inclusion of children with physical disabilities. Application deadline is June 15. For more information visit: <http://www.healthinschools.org/grants/ops308.asp>



Samuel Harris Fund For Children's Dental Health

The American Dental Association Foundation announces funding through the Samuel Harris Fund to improve and



American Dental Association Foundation

maintain children's oral health through community education programs. Application deadline is July 8. For more information visit: <http://www.healthinschools.org/grants/ops252.asp>

Need an Answer—Ask HRSA

At the HRSA Information Center Web site, you can order free publications and materials developed by HRSA Bureaus and Offices. The Web site also features information on resources that may interest you, including organizations, news sources, and current

